

Dr. B. B. HEGDE FIRST GRADE COLLEGE, KUNDAPURA
PROGRAMME REPORT : 2023-24

Date	Programme	Resource Person
8-4-2024	A talk on Life style diseases.	Mr. Udaya Madivala. M. PE Teacher Karnataka Public School Koteswara.

RIEF REPORT:

A special talk was organized by the Rotaract club and Youth Red cross unit of college on the topic of life style diseases on April 8, 2024. Mr. Uday Madival M. physical Education Teacher at Karnataka Public school Koteswara was the resource person. The principal, Prof. K. Umesh Shetty, presided over the programme. The Vice Principal, Dr. Chethan Shetty Kovadi delivered the introductory remarks. The YRC Coordinator, Ms. Malathi was presented in the programme. Mr. Sathish Shetty, Rotaract Club coordinator, welcomed the gathering. Ms. Pooja Rotaract club coordinator, introduced the guests. Mr. Yogesh Shanubhog YRC coordinator extended his gratitude.

PRINCIPAL


Principal
Dr. B. B. Hegde First Grade College
Kundapura -576201

FACULTY COORDINATOR

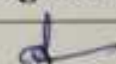

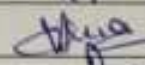

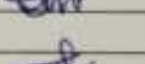



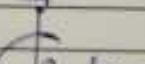

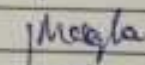
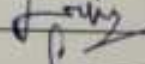






Encl: Notice/Invitation/Agenda/Attendance/Feedback/Photos/News Paper cuttings etc.

Dr. B. B. Hegde First Grade College, Kundapura
Notice, Date. 06-04-2024

All the Rotaract Club students are hereby informed to assemble in the Auditorium for Lifestyle Diseases on 08-04-2024 at 2.30 p.m. without fail.


Principal

Principal
Dr. B. B. Hegde First Grade College
Kundapura - 576201

Sl. No.	Room No.	Class & Section	Signature
1.	001	I B.Com. (A)	
2.	003	I B.Com. (E) DS)	
3.	005	II B.Com. (D) (CA/CS)	
4.	102	II B.Com. (A)	
5.	103	II B.Com. (B)	
6.	104	II B.Com. (C)	
7.	107	I B.Com. (C)	
8.	108	II BBA	
9.	109	I BCA (A) (AI)	
10.	110	I BCA (B) (Gen)	
11.	202	I BBA	
12.	204	I B.Com. (B)	
13.	205	II BCA (B)	
14.	206	II BCA (A)	
15.	302	II B.Sc.	
16.	303	I B.Com. (D) (CA/CS)	
17.	Library Room	Hindi	
18.	AV Room	Sanskrit	



Dr. B. B. HEGDE FIRST GRADE COLLEGE, KUNDAPURA
Accredited by NAAC with B++ Grade (Cycle I)
[A Unit of Coondapur Education Society (R.), Kundapura]

**Rotaract Club &
Youth Red Cross unit**

Organise a talk on

Lifestyle Diseases

(A programme under IQAC)

Date : **08-04-2024** | Time : **02:30 P.M.**
Venue : **Mookambika Auditorium**

President

Prof. K. Umesh Shetty

Principal

Resource Person

Mr. Uday Madivala M.

Physical Education Teacher

Karnataka Public school, Koteshwara

Presence

Dr. K. Chethan Shetty

Vice - Principal

WELCOME

Mr. Satish Shetty

Ms. Pooja Kunder

Co-ordinators

Rotaract Club

Mr. Yogeesh Shanubhog

Ms. Malathi

Co-ordinators

Youth Red Cross Unit

Prof. K. Umesh Shetty

Principal

Dr. B. B. HEGDE FIRST GRADE COLLEGE, KUNDAPURA

Accredited by NAAC With B++ Grade (Cycle I)

Affiliated to Mangalore University

[A Unit of Coondapur Education Society (R.), Kundapura]

Rotaract Club

and

Youth Red Cross Unit

Organize

A Talk On

Lifestyle Diseases

Date : 08/04/2024 Time : 02.30 p.m. Venue: Mookambika Auditorium

PROGRAMME AGENDA

- Prayer : **Sushanth**
I B.Com. (E)
- Welcome : **Mr. Satish Shetty**
Co- Ordinator Rotaract Club
- Introductory Remarks : **Dr. Chethan Shetty K.**
Vice - Principal
- Guest Introduction : **Ms. Pooja**
Co- ordinator, Rotaract Club
- Resource Person's Speech : **Mr. Uday Madivala M.**
Physical Education Teacher
Karnataka Public School, Koteshwara
- Presidential Remarks : **Prof. K. Umesh Shetty**
Principal
- Vote of Thanks : **Yogeesh Shanubhog**
Co- ordinator, Youth Red Cross Unit
- Presence : **Ms. Malathi**
Co- ordinator, Youth Red Cross Unit
- Master of Ceremony : **Pallavi**
II B.Com. (A)

Dr. B. B. HEGDE FIRST GRADE COLLEGE, KUNDAPURA
STUDENT ATTENDANCE

Rottan Club

Programme : Life Style disease
Date : 8-07-24
Coordinator : Mr. Jagdish Shanbag & Malabathri

Sl. No.	Name of the Student	Roll No.	Class & Section	Signature
1.	Dhanyashri	BCM23019	I B.com 'A'	[Signature]
2.	Prashima	BCM23042	I B.com 'A'	[Signature]
3.	Rakshittha	BCM23048	I B.com 'A'	[Signature]
4.	Nagarathna	BCM23033	I B.com 'A'	[Signature]
5.	Tejaswini	BCM23073	I B.com 'A'	[Signature]
6.	Nanya	BCM23305	I B.com 'E'	[Signature]
7.	Krutika.K	BCM23193	I B.com 'C'	[Signature]
8.	Manya	BCA23092	I BCA 'B'	[Signature]
9.	Nagashree	BCA23094	I BCA 'B'	[Signature]
10.	K. Godhavari. Shet	BCA23086	I BCA 'B'	[Signature]
11.	Annapurna	BCA23070	I BCA 'B'	[Signature]
12.	Shreya. A	BCA23113	I BCA 'B'	[Signature]
13.	P.orthiksha	BCA23101	I BCA 'B'	[Signature]
14.	Divya	BCA23080	I BCA 'B'	[Signature]
15.	Rashmitha	BCM22163	II B.com 'B'	[Signature]
16.	Priyanka	BCM22154	II B.com 'B'	[Signature]
17.	Ananya	BCM22107	II B.com 'B'	[Signature]
18.	Silvia K.S	BBR22035	II BBA	[Signature]
19.	Ankitha	BCM22109	II B.com 'B'	[Signature]
20.	Shwetha	BCM22177	II B.com 'B'	[Signature]
21.	Shreya Kumari	BCM22174	II B.com 'B'	[Signature]
22.	Monika	BCM23104	I B.com 'B'	[Signature]
23.	Pvetha	BCM23119	I B.com 'B'	[Signature]
24.	Uzvik U. Parjary	BCM23153	I B.com 'A'	[Signature]
25.	Parvishini shetty	BCM23110	I B.com 'B'	[Signature]
26.	Abhishek shetty	BCA23001	I BCA 'A'	[Signature]
27.	Adithya	BA23004	I BA 'A'	[Signature]
28.	K. Shashikanth	BCM23180	I B.com 'C'	[Signature]
29.	Manoj-V	BCA23186	I BCA 'C'	[Signature]
30.	Saksh	IBBA23060	I BBA	[Signature]
31.	Jyothsna bhandary	IBBA23032	I BBA	[Signature]
32.	Gayatri S. Paik	BCM22023	II B.com 'A'	[Signature]
33.	Darshan	BCM23091	I B.com 'B'	[Signature]
34.	Nikhil N	BCM23006		
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Dr. B. B. Hegde First Grade College
Kundapura - 576201

Dr. B. B. HEGDE FIRST GRADE COLLEGE, KUNDAPURA
 [A Unit of Coondapur Education Society (R.), Kundapura]

FEED BACK (✓) ON PROGRAMMES

NAME OF THE PROGRAMME : *A talk on life style diseases*
 RESOURCE PERSON/S :
 Date of the Programme : *Mr. Udaya Mathiala*

	Excellent	Good	Average	Poor
1. Concept of the Programme	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Communication ability of the Resource person/s	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Motivation capacity of the Resource person/s	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Innovative ideas of the Resource person/s	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Effectiveness of the programme	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Interaction session of the programme	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
7. Time Management of the programme	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Relevance of topic of the programme	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Overall quality of the programme	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

10. Any suggestions :

Date : *9-4-2024*

Name & Signature of the Co-ordinator:

Pooja Pooja

Name & Signature

Abhishek

Class & Section

I BCA 'A'

Dr. B. B. HEGDE FIRST GRADE COLLEGE, KUNDAPURA
 [A Unit of Coondapur Education Society (R.), Kundapura]

FEED BACK (✓) ON PROGRAMMES

NAME OF THE PROGRAMME : *A talk on life style diseases*
 RESOURCE PERSON/S :
 Date of the Programme : *Mr. Uday Madhala*

	Excellent	Good	Average	Poor
1. Concept of the Programme	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Communication ability of the Resource person/s	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Motivation capacity of the Resource person/s	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Innovative ideas of the Resource person/s	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Effectiveness of the programme	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
6. Interaction session of the programme	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Time Management of the programme	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
8. Relevance of topic of the programme	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Overall quality of the programme	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

10. Any suggestions :

Date : *08-4-2024*

Name & Signature of the Co-ordinator :
Pooja Pooja

Name & Signature *Silvia. [Signature]*

Class & Section *II TB3A*

FEED BACK (✓) ON PROGRAMMES

NAME OF THE PROGRAMME : A talk on life style diseases
 RESOURCE PERSON/S :
 Date of the Programme : Mr. Udaya Mathiwalu

	Excellent	Good	Average	Poor
1. Concept of the Programme	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Communication ability of the Resource person/s	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Motivation capacity of the Resource person/s	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Innovative ideas of the Resource person/s	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Effectiveness of the programme	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Interaction session of the programme	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
7. Time Management of the programme	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Relevance of topic of the programme	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Overall quality of the programme	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

10. Any suggestions :

Date : 9-4-2024

Name & Signature of the Co-ordinator:

Pooja Pooja

Name & Signature Abhishek

Class & Section I BCA 'A'

Dr. B. B. HEGDE FIRST GRADE COLLEGE, KUNDAPURA
 [A Unit of Coondapur Education Society (R.), Kundapura]

FEED BACK (✓) ON PROGRAMMES

NAME OF THE PROGRAMME :
 RESOURCE PERSON/S :
 Date of the Programme :

A talk on life style diseases
 Mr. Uday Madhala

	Excellent	Good	Average	Poor
1. Concept of the Programme	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Communication ability of the Resource person/s	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Motivation capacity of the Resource person/s	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Innovative Ideas of the Resource person/s	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Effectiveness of the programme	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
6. Interaction session of the programme	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Time Management of the programme	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
8. Relevance of topic of the programme	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Overall quality of the programme	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

10. Any suggestions :

Date : 08-4-2024

Name & Signature of the Co-ordinator:

Pooja Pooja

Name & Signature

Silvia. 

Class & Section

II TB3A



K.R. VIDYARATHNAM COLLEGE
HEALTHY LIVING

[Handwritten Signature]
Principal
K.R. Vidya Rathnam College
K.R. Vidya Rathnam College
K.R. Vidya Rathnam College

ಜೀವನಶೈಲಿ: ಕಾಯಿಲೆಗಳ ಅರಿವು



ಕುಂದಾಪುರ, ಎ.22: ಡಾ. ಬಿ.

ಬಿ. ಹೆಗ್ಡೆ ಪ್ರಥಮ ದರ್ಜೆ ಕಾಲೇಜಿನ ರೋಟರಿಯನ್ ಕ್ಲಬ್ ಹಾಗೂ ಯುವ ರೆಡ್ ಕ್ರಾಸ್ ಘಟಕದ ಸಂಯುಕ್ತ ಆಶ್ರಯದಲ್ಲಿ ಜೀವನಶೈಲಿಯ ಕಾಯಿಲೆಗಳ ಅರಿವು ಕಾರ್ಯಕ್ರಮ ಜರಗಿತು.

ಸಂಪನ್ಮೂಲ ವ್ಯಕ್ತಿ ಕರ್ನಾಟಕ ಪಬ್ಲಿಕ್ ಸ್ಕೂಲ್‌ನ ದೈಹಿಕ ಶಿಕ್ಷಣ ಶಿಕ್ಷಕ ಉದಯ ಮಡಿವಾಳ ಎಂ., ಕಾಯಿಲೆ ಬರುವ ಮೊದಲೇ ಜೀವನ ಶೈಲಿ ಬದಲಿಸುವ ಮುಖೇನ ವಿದ್ಯಾರ್ಥಿಗಳು ಜಾಗೃತಿ ವಹಿಸಬೇಕು ಎಂದರು.

ಪ್ರಾಂಶುಪಾಲ ಪ್ರೊ. ಕೆ. ಉಮೇಶ್ ಶೆಟ್ಟಿ ಅಧ್ಯಕ್ಷತೆ ವಹಿಸಿದ್ದರು.

ಯುವ ರೆಡ್ ಕ್ರಾಸ್ ಘಟಕದ ಸಹ ಸಂಯೋಜಕಿ ಮಾಲತಿ ಉಪಸ್ಥಿತರಿದ್ದರು.

ಉಪಪ್ರಾಂಶುಪಾಲ ಡಾ. ಚೇತನ್ ಶೆಟ್ಟಿ ಕೋವಾಡಿ ಪ್ರಸ್ತಾವಿಸಿ, ರೋಟರಿಯನ್ ಕ್ಲಬ್ ನ ಸಂಯೋಜಕ ಸತೀಶ್ ಶೆಟ್ಟಿ ಹೆಸುತ್ತೂರು ಸ್ವಾಗತಿಸಿ, ಸಹ ಸಂಯೋಜಕಿ ಪೂಜಾ ಕುಂದರ್ ಅತಿಥಿಗಳನ್ನು ಪರಿಚಯಿಸಿ, ಯುವ ರೆಡ್ ಕ್ರಾಸ್ ಘಟಕದ ಸಂಯೋಜಕ ಯೋಗೀಶ್ ಶ್ಯಾನುಭೋಗ ವಂದಿಸಿ, ವಿದ್ಯಾರ್ಥಿ ನಿರೂಪಿಸಿದರು.

Principal
Dr. E. ...
... 5/6/2011